

Rosary Handbook



“There is no problem, I tell you, no matter how difficult it is, that we cannot resolve by the prayer of the Holy Rosary.”

Sister Lucia dos Santos of Fatima

O.L.O.L. Maronite Flame Teens

Rosary Handbook

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Introduction

Prayer should accompany the reading of the Sacred Scripture, so that a dialogue takes place between God and man. For *‘we speak to him when we pray; we listen to him when we read the divine oracles.’* (CCC: 2653)

In 1980, during the apparition at Cuapa, Nicaragua, Our Lady recommended that Bernado and others pray the Rosary with the aid of biblical excerpts, to avoid rushing mechanically through it.

The goal of the ‘Scriptural Rosary’ presented in this booklet is to help focus the mind and better meditate on the sacred mysteries of the Rosary.

Prayer of Intentions

We pray for the intentions of Our Lady, for God's Divine Will to be done on earth as it is in Heaven.

We pray for the Church, the Pope, the bishops and priests.

We pray for the needs of the Church, for an increase in vocations to the religious life and to the Priesthood.

We pray for the faithfulness and holiness of priests, for the conversion of sinners and salvation to the dying.

We pray for the Holy souls in Purgatory, especially for those who have no one to pray for them, the departed souls in our families and for all the faithful departed.

We also pray for ourselves; that we obtain Peace in our hearts and in our families.

We pray for Peace in the whole world, especially in our country Australia and Lebanon.

We pray for the sick, especially for the ones around us.

We pray for the leaders of our nations, for all the people in government to be guided by the Holy Spirit.

We pray for the success of the Teens and Fersen ministries, for the Holy Spirit to guide the leaders in fulfilling their duties.

We pray for all the Teens in our community, that they will attain the glory of the resurrection.

We pray for an increase of all the virtues, especially Faith, Hope and Love; and the grace to always do your most Holy Will.

We also pray for those who don't have any one to pray for them.

We ask you, Lord, to forgive us and to heal us by the Power of your most holy wounds, by the merits of your holy passion, agony and death, by the merits of the sorrows of the Immaculate Heart of Mary, and the abundant graces promised through this Holy Rosary.

We also ask you for all our personal intentions...

The Joyful Mysteries

Reflections on the Joyful Mysteries by St. John Paul II

The “joyful mysteries”, are marked by *the joy radiating from the event of the Incarnation*. This is clear from the very first mystery, the Annunciation, where Gabriel's greeting to the Virgin of Nazareth is linked to an invitation to messianic joy: “*Rejoice, Mary*”. The whole of salvation history, in some sense the entire history of the world, has led up to this greeting. If it is the Father's plan to unite all things in Christ (cf. *Eph 1:10*), then the whole of the universe is in some way touched by the divine favour with which the Father looks upon Mary and makes her the Mother of his Son. The whole of humanity, in turn, is embraced by the *fiat* with which she readily agrees to the will of God.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Our Father

V: Our Father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

R: Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

Say three "Hail Mary's" for an increase in Faith, Hope and Charity:

Hail Mary

V: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

R: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory Be

V: Glory be to the Father, and to the Son, and to the Holy Spirit.

R: As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Annunciation

The First Joyful Mystery

The Annunciation to Mary inaugurates “*the fullness of time*” (Gal 4:4), the time of fulfilment of God’s promises and preparations. Mary was invited to conceive him in whom the “*whole fullness of deity*” would dwell “*bodily*” (Col 2:9). The divine response to her question, “*How can this be, since I know not man?*”, was given by the power of the Spirit: “*The Holy Spirit will come upon you*” (Lk 1:34-35). (CCC: 484)

Fruit of the Mystery: **Humility**... [**Our Father**](#)

1. In the sixth month, the angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David; and the virgin’s name was Mary. (Lk 1:26-27) ... [**Hail Mary**](#)
2. And Gabriel came to her and said, “*Hail, full of grace, the Lord is with you!*” (Lk 1:28) ... [**Hail Mary**](#)
3. But she was greatly troubled at the saying and considered in her mind what sort of greeting this might be. (Lk 1:29) ... [**Hail Mary**](#)
4. And the angel said to her, “*Do not be afraid, Mary, for you have found favour with God.*” (Lk 1:30) ... [**Hail Mary**](#)
5. “*And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus.*” (Lk 1:31) ... [**Hail Mary**](#)
6. “*He will be great and will be called Son of the Most High; and the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob forever; and of his kingdom there will be no end.*” (Lk 1:32-33) ... [**Hail Mary**](#)

7. And Mary said to the angel, *“How can this be, since I do not know man?”* (Lk 1:34) ... *Hail Mary*
8. And the angel said to her, *“The Holy Spirit will come upon you and the power of the Most High will overshadow you; therefore the child to be born will be called holy, the Son of God.”* (Lk 1:35) ... *Hail Mary*
9. *“And behold, your kinswoman Elizabeth in her old age has also conceived a son; and this is the sixth month with her who was called barren. For with God nothing will be impossible.”* (Lk 1:36) ... *Hail Mary*
10. And Mary said, *“Behold, I am the handmaid of the Lord; let it be to me according to your word.”* (Lk 1:38) ... *Hail Mary*... *Glory Be*...
Fatima Prayer

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Visitation

The Second Joyful Mystery

Called in the Gospels *“the mother of Jesus,”* Mary is acclaimed by Elizabeth, at the prompting of the Spirit and even before the birth of her son, as *“the mother of my Lord”* (Lk 1:43). In fact, the One whom she conceived as man by the Holy Spirit, who truly became her Son according to the flesh, was none other than the Father's eternal Son, the second person of the Holy Trinity. Hence the Church confesses that Mary is truly the *“Mother of God”* (Theotokos). (CCC: 495)

Fruit of the Mystery: **Love of Neighbour**.... [*Our Father*](#)

1. In those days Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zechariah and greeted Elizabeth. (Lk 1:39-40) ... [*Hail Mary*](#)
2. And when Elizabeth heard the greeting of Mary, the child leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, *“Blessed are you among women, and blessed is the fruit of your womb!”* (Lk 1:41-42) ... [*Hail Mary*](#)
3. *“And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the child in my womb leaped for joy.”* (Lk 1:43-44) ... [*Hail Mary*](#)
4. *“And blessed is she who believed that there would be a fulfilment of what was spoken to her from the Lord.”* (Lk 1:45) ... [*Hail Mary*](#)

5. And Mary said, *“My soul magnifies the Lord, and my spirit rejoices in God my Saviour, for he has regarded the low estate of his handmaiden.”* (Lk 1:46-48) ... **Hail Mary**
6. *“For behold, henceforth all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name”* (Lk 1:48-49) ... **Hail Mary**
7. *“And his mercy is on those who fear him from generation to generation. He has shown strength with his arm, he has scattered the proud in the imagination of their hearts.”* (Lk 1:50-51) ... **Hail Mary**
8. *“He has put down the mighty from their thrones, and exalted those of low degree.* (Lk 1:52) ... **Hail Mary**
9. *He has filled the hungry with good things, and the rich he has sent empty away.”* (Lk 1:53) ... **Hail Mary**
10. *“He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his posterity for ever.”* (Lk 1:54-55) ... **Hail Mary... Glory Be... Fatima Prayer**

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Birth of Jesus

The Third Joyful Mystery

Jesus is Mary's only son, but her spiritual motherhood extends to all men whom indeed he came to save: *"The Son whom she brought forth is he whom God placed as the first-born among many brethren, that is, the faithful in whose generation and formulation she cooperates with a mother's love."* (CCC: 501)

Fruit of the Mystery: **Detachment** [Our Father](#)

1. And Joseph also went up from Galilee, from the city of Nazareth, to Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, to be enrolled with Mary his betrothed, who was with child. (Lk 2:4-5) ... [Hail Mary](#)
2. And while they were there, the time came for her to be delivered. (Lk 2:6) ... [Hail Mary](#)
3. And she gave birth to her first-born son and wrapped him in swaddling cloths, and laid him in a manger, because there was no place for them in the inn. (Lk 2:7) ... [Hail Mary](#)
4. And in that region there were shepherds out in the field, keeping watch over their flock by night. And an angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were filled with fear. (Lk 2:8-9) ... [Hail Mary](#)
5. And the angel said to them, *"Be not afraid; for behold, I bring you good news of a great joy which will come to all the people."* (Lk 2:10) ... [Hail Mary](#)

6. *"For to you is born this day in the city of David a Saviour, who is Christ the Lord."* (Lk 2:11) ... *Hail Mary*
7. And suddenly there was with the angel a multitude of the heavenly host praising God and saying, *"Glory to God in the highest, and on earth peace among men with whom he is pleased!"* (Lk 2:13-14) ... *Hail Mary*
8. Now when Jesus was born in Bethlehem of Judea in the days of Herod the king, behold, Wise Men from the East came to Jerusalem, saying, *"Where is he who has been born king of the Jews? For we have seen his star in the East, and have come to worship him."* (Mt 2:1-2) ... *Hail Mary*
9. And going into the house they saw the child with Mary his mother, and they fell down and worshiped him. Then, opening their treasures, they offered him gifts, gold and frankincense and myrrh. (Mt 2:11) ... *Hail Mary*
10. But Mary kept all these things, pondering them in her heart. (Lk 2:19) ... *Hail Mary*... *Glory Be*... *Fatima Prayer*

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Presentation in the Temple

The Fourth Joyful Mystery

The *presentation of Jesus in the temple* shows him to be the firstborn Son who belongs to the Lord (Lk 2:22-39). With Simeon and Anna, all Israel awaits its *encounter* with the Savior - the name given to this event in the Byzantine tradition. Jesus is recognized as the long-expected Messiah, the "*light to the nations*" and the "*glory of Israel*", but also "*a sign that is spoken against*". The sword of sorrow predicted for Mary announces Christ's perfect and unique oblation on the cross that will impart the salvation God had "*prepared in the presence of all peoples.*" (CCC: 529)

Fruit of the Mystery: **Obedience**.... [Our Father](#)

1. And when the time came for their purification according to the law of Moses, they brought him up to Jerusalem to present him to the Lord. (Lk 2:22) ... [Hail Mary](#)
2. Now there was a man in Jerusalem, whose name was Simeon, and this man was righteous and devout, looking for the consolation of Israel, and the Holy Spirit was upon him. (Lk 2:25) ... [Hail Mary](#)
3. And it had been revealed to him by the Holy Spirit that he should not see death before he had seen the Lord's Christ. (Lk 2:26) ... [Hail Mary](#)
4. And inspired by the Spirit he came into the temple; and when the parents brought in the child Jesus, to do for him according to the custom of the law, he took him up in his arms and blessed God. (Lk 2:27-28) ... [Hail Mary](#)

5. *“Lord, now let your servant depart in peace, according to your word.”* (Lk 2:29) ... *Hail Mary*
6. *“For my eyes have seen your salvation which you have prepared in the presence of all peoples.”* (Lk 2:30-31) ... *Hail Mary*
7. *“A light for revelation to the Gentiles, and for glory to your people Israel.”* (Lk 2:32) ... *Hail Mary*
8. And Simeon blessed them and said to Mary his mother, *“Behold, this child is set for the fall and rising of many in Israel, and for a sign that is spoken against.”* (Lk 2:34) ... *Hail Mary*
9. *“And a sword will pierce through your own soul also, that thoughts out of many hearts may be revealed.”* (Lk 2:35) ... *Hail Mary*
10. And when they performed everything according to the law of the Lord, they returned into Galilee, to their own city, Nazareth. And the child grew and became strong, filled with wisdom; and the favour of God was upon him. (Lk 2:39-40) ... *Hail Mary*... *Glory Be... Fatima Prayer*

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Finding of the Child Jesus in the Temple

The Fifth Joyful Mystery

The *finding of Jesus in the temple* is the only event that breaks the silence of the Gospels about the hidden years of Jesus (Lk 2:41-52). Here Jesus lets us catch a glimpse of the mystery of his total consecration to a mission that flows from his divine sonship: "*Did you not know that I must be about my Father's work?*" (Lk 2:49). Mary and Joseph did not understand these words, but they accepted them in faith. Mary "*kept all these things in her heart*" during the years Jesus remained hidden in the silence of an ordinary life. (CCC: 534)

Fruit of the Mystery: **Perseverance....** [Our Father](#)

1. Now his parents went to Jerusalem every year at the feast of the Passover. And when he was twelve years old, they went up according to custom. (Lk 2:41-42) ... [Hail Mary](#)
2. And when the feast was ended, as they were returning, the boy Jesus stayed behind in Jerusalem. His parents did not know it. (Lk 2:43) ... [Hail Mary](#)
3. And when they did not find him, they returned to Jerusalem, seeking him. After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions. (Lk 2:45-46) ... [Hail Mary](#)
4. And all who heard him were amazed at his understanding and his answers. (Lk 2:47) ... [Hail Mary](#)
5. And his mother said to him, "*Son, why have you treated us so? Behold, your father and I have been looking for you anxiously.*" (Lk 2:48) ... [Hail Mary](#)

6. And he said to them, *“How is it that you sought me? Did you not know that I must be in my Father’s house?”* (Lk 2:49) ... **Hail Mary**
7. And they did not understand the saying which he spoke to them. (Lk 2:50) ... **Hail Mary**
8. And he went down with them and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. (Lk 2:51) ... **Hail Mary**
9. And Jesus increased in wisdom and in stature, and in favour with God and man. (Lk 2:52) ... **Hail Mary**
10. *“And he made from one every nation of men to live on all the face of the earth, having determined allotted periods and the boundaries of their habitation, that they should seek God, in the hope that they might feel after him and find him. Yet he is not far from each one of us.”* (Acts 17:26-27) ... **Hail Mary**... **Glory Be**... **Fatima Prayer**
(Turn to page 52 for closing prayers)

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Luminous Mysteries

Reflections on the Luminous Mysteries by St. John Paul II

Moving on from the infancy and the hidden life in Nazareth to the public life of Jesus, our contemplation brings us to those mysteries which may be called in a special way “*mysteries of light*”. Certainly, the whole mystery of Christ is a mystery of light. He is the “*light of the world*” (Jn 8:12). Yet this truth emerges in a special way during the years of his public life, when he proclaims the Gospel of the Kingdom... Each of these mysteries is a revelation of the Kingdom now present in the very person of Jesus.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Our Father

V: Our Father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

R: Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

Say three "Hail Mary's" for an increase in Faith, Hope and Charity:

Hail Mary

V: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

R: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory Be

V: Glory be to the Father, and to the Son, and to the Holy Spirit.

R: As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Baptism of Jesus

The First Luminous Mystery

The baptism of Jesus is on his part the acceptance and inauguration of his mission as God's suffering Servant. He allows himself to be numbered among sinners; he is already *"the Lamb of God, who takes away the sin of the world"* (Jn 1:29). Already he is anticipating the *"baptism"* of his bloody death (Mk 10:38). Already he is coming to *"fulfill all righteousness"*, that is, he is submitting himself entirely to his Father's will: out of love he consents to this baptism of death for the remission of our sins (Mt 3:15). The Father's voice responds to the Son's acceptance, proclaiming his entire delight in his Son (Lk 3:22). The Spirit whom Jesus possessed in fullness from his conception comes to *"rest on him"* (Jn 1:32-33). Jesus will be the source of the Spirit for all mankind. At his baptism *"the heavens were opened"* (Mt 3:16) - the heavens that Adam's sin had closed - and the waters were sanctified by the descent of Jesus and the Spirit, a prelude to the new creation. (CCC: 536)

Fruit of the Mystery: Openness to the Holy Spirit ... [Our Father](#)

1. In those days came John the Baptist, preaching in the wilderness of Judea, *"Repent, for the kingdom of heaven is at hand."* (Mt 3:2-3) ... [Hail Mary](#)
2. *"I baptize you with water for repentance, but he who is coming after me is mightier than I, whose sandals I am not worthy to carry; he will baptize you with the Holy Spirit and with fire."* (Mt 3:11) ... [Hail Mary](#)
3. Then Jesus came from Galilee to the Jordan to John, to be baptized by him. (Mt 3:13) ... [Hail Mary](#)

4. He saw Jesus coming toward him, and said, *“Behold, the Lamb of God, who takes away the sin of the world!”* (Jn 1:29) ... [Hail Mary](#)
5. John would have prevented him, saying, *“I need to be baptized by you, and do you come to me?”* (Mt 3:14) ... [Hail Mary](#)
6. But Jesus answered him, *“Let it be so now, for thus it is fitting for us to fulfil all righteousness.”* Then he consented. (Mt 3:15) ... [Hail Mary](#)
7. And when Jesus was baptized, he went up immediately from the water, and behold, the heavens were opened and he saw the Spirit of God descending like a dove, and alighting on him. (Mt 3:16) ... [Hail Mary](#)
8. And behold, a voice from heaven, saying, *“This is my beloved Son, with whom I am well pleased.”* (Mt 3:17) ... [Hail Mary](#)
9. And John bore witness, *“I saw the Spirit descend as a dove from heaven and remain on him”.* (Jn 1:32) ... [Hail Mary](#)
10. *“And I have seen and have borne witness that this is the Son of God.”* (Jn 1:34) ... [Hail Mary](#)... [Glory Be](#)... [Fatima Prayer](#)

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Wedding at Cana

The Second Luminous Mystery

The Gospel reveals to us how Mary prays and intercedes in faith. At Cana (Jn 2:1-12), the mother of Jesus asks her son for the needs of a wedding feast; this is the sign of another feast - that of the wedding of the Lamb where he gives his body and blood at the request of the Church, his Bride. It is at the hour of the New Covenant, at the foot of the cross (Jn 19:25-27), that Mary is heard as the Woman, the new Eve, the true "*Mother of all the living.*" (CCC: 2618)

Fruit of the Mystery: **To Jesus through Mary ... [Our Father](#)**

1. On the third day there was a marriage at Cana in Galilee, and the mother of Jesus was there. (Jn 2:1) ... [Hail Mary](#)
2. When the wine failed, the mother of Jesus said to him, "*They have no wine.*" (Jn 2:3) ... [Hail Mary](#)
3. And Jesus said to her, "*O woman, what have you to do with me? My hour has not yet come.*" (Jn 2:4) ... [Hail Mary](#)
4. His mother said to the servants, "*Do whatever he tells you.*" (Jn 2:5) ... [Hail Mary](#)
5. Now six stone jars were standing there, for the Jewish rites of purification, each holding twenty or thirty gallons. (Jn 2:6) ... [Hail Mary](#)
6. Jesus said to them, "*Fill the jars with water.*" And they filled them up to the brim. (Jn 2:7) ... [Hail Mary](#)
7. He said to them, "*Now draw some out, and take it to the steward of the feast.*" (Jn 2:8) ... [Hail Mary](#)

8. When the steward of the feast tasted the water now become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward of the feast called the bridegroom. (Jn 2:9) ... *Hail Mary*
9. And said to him, *“Every man serves the good wine first; and when men have drunk freely, then the poor wine; but you have kept the good wine until now.”* (Jn 2:10) ... *Hail Mary*
10. This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory; and his disciples believed in him. (Jn 2:11) ... *Hail Mary... Glory Be... Fatima Prayer*

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Proclamation of the Kingdom

The Third Luminous Mystery

The kingdom belongs *to the poor and lowly*, which means those who have accepted it with humble hearts. Jesus is sent to *"preach good news to the poor"* (Lk 4:18); he declares them blessed, for *"theirs is the kingdom of heaven"* (Mt 5:3). To them - the *"little ones"* the Father is pleased to reveal what remains hidden from the wise and the learned (Mt 11:25). Jesus shares the life of the poor, from the cradle to the cross; he experiences hunger, thirst and privation (Mt 21:18). Jesus identifies himself with the poor of every kind and makes active love toward them the condition for entering his kingdom (Mt 25:31-46). (CCC: 544)

Fruit of the Mystery: **Christian Witness and Conversion** ... **[Our Father](#)**

1. From that time Jesus began to preach, saying, *"Repent, for the kingdom of heaven is at hand."* (Mt 4:17) ... **[Hail Mary](#)**
2. And he went about all Galilee, teaching in their synagogues and preaching the gospel of the kingdom and healing every disease and every infirmity. (Mt 4:23) ... **[Hail Mary](#)**
3. And he opened his mouth and taught them, saying: *"Blessed are the poor in spirit, for theirs is the kingdom of heaven."* (Mt 5:2-3) ... **[Hail Mary](#)**
4. *"Let your light so shine before men, that they may see your good works and give glory to your Father who is in heaven."* (Mt 5:16) ... **[Hail Mary](#)**

5. *"You have heard that it was said, 'You shall love your neighbour and hate your enemy.' But I say to you, Love your enemies and pray for those who persecute you."* (Mt 5:43-44) ... *Hail Mary*
6. *"The kingdom of heaven is like treasure hidden in a field, which a man found and covered up; then in his joy he goes and sells all that he has and buys that field."* (Mt 13:44) ... *Hail Mary*
7. *"Again, the kingdom of heaven is like a merchant in search of fine pearls, who, on finding one pearl of great value, went and sold all that he had and bought it."* (Mt 13:45-46) ... *Hail Mary*
8. *"The kingdom of God is not coming with signs to be observed; nor will they say, 'Behold, here it is!' or 'There!' for behold, the kingdom of God is in your midst."* (Lk 17:20-21) ... *Hail Mary*
9. *"Truly, I say to you, unless you turn and become like children, you will never enter the kingdom of heaven."* (Mt 18:3) ... *Hail Mary*
10. *"Then the King will say to those at his right hand, 'Come, O blessed of my Father, inherit the kingdom prepared for you from the foundation of the world.'" (Mt 25:34) ... *Hail Mary*... *Glory Be*...
*Fatima Prayer**

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Transfiguration of the Lord

The Fourth Luminous Mystery

Christ's Transfiguration aims at strengthening the apostles' faith in anticipation of his Passion: the ascent on to the "*high mountain*" prepares for the ascent to Calvary. Christ, Head of the Church, manifests what his Body contains and radiates in the sacraments: "*the hope of glory*" (Col 1:27). (CCC: 568)

Fruit of the Mystery: **Spiritual Courage** ... [*Our Father*](#)

1. And after six days Jesus took with him Peter and James and John his brother, and led them up a high mountain apart. (Mt 17:1) ... [*Hail Mary*](#)
2. And he was transfigured before them, and his face shone like the sun, and his garments became white as light. (Mt 17:2) ... [*Hail Mary*](#)
3. And behold, two men talked with him, Moses and Eli'jah, who appeared in glory and spoke of his exodus, which he was to accomplish at Jerusalem. (Lk 9:30-31) ... [*Hail Mary*](#)
4. Now Peter and those who were with him were heavy with sleep but kept awake, and they saw his glory and the two men who stood with him. (Lk 9:32) ... [*Hail Mary*](#)
5. And Peter said to Jesus, "*Lord, it is well that we are here; if you wish, I will make three booths here, one for you and one for Moses and one for Elijah.*" (Mt 17:4) ... [*Hail Mary*](#)
6. As he said this, a cloud came and over-shadowed them; and they were afraid as they entered the cloud. (Lk 9:34) ... [*Hail Mary*](#)

7. And a voice from the cloud said, *“This is my beloved Son, with whom I am well pleased; listen to him.”* (Mt 17:5) ... *Hail Mary*
8. When the disciples heard this, they fell on their faces, and were filled with awe. But Jesus came and touched them, saying *“Rise, and have no fear.”* (Mt 17:6-7) ... *Hail Mary*
9. And suddenly looking around they no longer saw any one with them but Jesus only. And as they were coming down the mountain, he charged them to tell no one what they had seen, until the Son of man should have risen from the dead. (Mk 9:8-9) ... *Hail Mary*
10. So they kept the matter to themselves, questioning what the rising from the dead meant. (Mk 9:10) ... *Hail Mary*... *Glory Be*... *Fatima Prayer*

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Institution of the Eucharist

The Fifth Luminous Mystery

The Lord, having loved those who were his own, loved them to the end. Knowing that the hour had come to leave this world and return to the Father, in the course of a meal he washed their feet and gave them the commandment of love (Jn 13:1-17). In order to leave them a pledge of this love, in order never to depart from his own and to make them sharers in his Passover, he instituted the Eucharist as the memorial of his death and Resurrection, and commanded his apostles to celebrate it until his return; *"thereby he constituted them priests of the New Testament."* (CCC: 1337)

Fruit of the Mystery: **Love of our Eucharistic Lord** ... [*Our Father*](#)

1. Now on the first day of Unleavened Bread the disciples came to Jesus, saying, *"Where will you have us prepare for you to eat the Passover?"* (Mt 26:17) ... [*Hail Mary*](#)
2. He said, *"Go into the city to a such a one, and say to him, 'The Teacher says, My time is at hand; I will keep the Passover at your house with my disciples.'"* (Mt 26:18) ... [*Hail Mary*](#)
3. And when the hour came, he sat at table, and the apostles with him. And he said to them, *"I have earnestly desired to eat this Passover with you before I suffer."* (Lk 22:14-15) ... [*Hail Mary*](#)
4. And as they were eating, he said, *"Truly, I say to you, one of you will betray me."* (Mt 26:21) ... [*Hail Mary*](#)
5. Judas, who betrayed him, said, *"Is it I, Master?"* He said to him, *"You have said so."* (Mt 26:25) ... [*Hail Mary*](#)

6. And he took bread, and when he had given thanks he broke it and gave it to them, saying, *“This is my body which is given for you. Do this in remembrance of me.”* (Lk 22:19) ... **Hail Mary**
7. And he took a chalice, and when he had given thanks he gave it to them, saying, *“Drink of it, all of you; for this is my blood of the covenant, which is poured out for many for the forgiveness of sins.”* (Mt 26:27-28) ... **Hail Mary**
8. For as often as you eat this bread and drink the chalice, you proclaim the Lord’s death until he comes. (1 Cor 11:26) ... **Hail Mary**
9. *“I am the living bread which came down from heaven; if any one eats of this bread, he will live for ever; and the bread which I shall give for the life of the world is my flesh.”* (Jn 6:51) ... **Hail Mary**
10. *“He who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day.”* (Jn 6:54) ... **Hail Mary**... **Glory Be**... **Fatima Prayer** (Turn to page 52 for closing prayers)

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Sorrowful Mysteries

Reflections on the Sorrowful Mysteries by St. John Paul II

The Gospels give great prominence to the sorrowful mysteries of Christ. From the beginning, Christian piety, especially during the Lenten devotion of the Way of the Cross, has focused on the individual moments of the Passion, realising that here is found the culmination of the revelation of God's love and the source of our salvation. The Rosary selects certain moments from the Passion, inviting the faithful to contemplate them in their hearts and to relive them. The sequence of meditations begins with Gethsemane, where Christ experiences a moment of great anguish before the will of the Father, against which the weakness of the flesh would be tempted to rebel. There Jesus encounters all the temptations and confronts all the sins of humanity, in order to say to the Father: *"Not my will but yours be done"* (Lk 22:42). This *"Yes"* of Christ, reverses the *"No"* of our first parents in the Garden of Eden.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Our Father

- V:** Our Father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.
- R:** Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

Say three "Hail Mary's" for an increase in Faith, Hope and Charity:

Hail Mary

- V:** Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
- R:** Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory Be

- V:** Glory be to the Father, and to the Son, and to the Holy Spirit.
- R:** As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Agony in the Garden

The First Sorrowful Mystery

The cup of the New Covenant, which Jesus anticipated when he offered himself at the Last Supper, is afterwards accepted by him from his Father's hands in his agony in the garden at Gethsemane (Mt 26:42), making himself *"obedient unto death"* (Phil 2:8). Jesus prays: *"My Father, if it be possible, let this cup pass from me..."* (Mt 26:39). Thus he expresses the horror that death represented for his human nature. Like ours, his human nature is destined for eternal life; but unlike ours, it is perfectly exempt from sin, the cause of death (Rom 5:12). Above all, his human nature has been assumed by the divine person of the *"Author of life"* (Acts 3:15), the *"Living One"* (Rev 1:17). By accepting in his human will that the Father's will be done, he accepts his death as redemptive, for *"he himself bore our sins in his body on the tree"* (1 Peter 2:24). (CCC: 612)

Fruit of the Mystery: **God's Will Be Done** ... [Our Father](#)

1. Then Jesus went with them to a place called Gethsemane, and he said to his disciples, *"Sit here, while I go over there and pray."* (Mt 26:36) ... [Hail Mary](#)
2. And he took with him Peter and James and John, and began to be greatly distressed and troubled. (Mk 14:33) ... [Hail Mary](#)
3. Then he said to them, *"My soul is very sorrowful, even to death; remain here, and watch with me."* (Mt 26:38) ... [Hail Mary](#)
4. And he withdrew from them about a stone's throw, and knelt down and prayed. (Lk 22:41) ... [Hail Mary](#)

5. *"Father, if you are willing, remove this chalice from me; nevertheless not my will, but yours, be done."* (Lk 22:42) ... **Hail Mary**
6. And there appeared to him an angel from heaven, strengthening him. (Lk 22:43) ... **Hail Mary**
7. And being in agony he prayed more earnestly; and his sweat became like great drops of blood falling down upon the ground. (Lk 22:44) ... **Hail Mary**
8. And he came to the disciples and found them sleeping; and he said to Peter, *"So, could you not watch with me one hour?"* (Mt 26:40) ... **Hail Mary**
9. *"Watch and pray that you may not enter into temptation; the spirit indeed is willing, but the flesh is weak."* (Mt 26:41) ... **Hail Mary**
10. Then he came to the disciples and said to them, *"Are you still sleeping and taking your rest? Behold, the hour is at hand, and the Son of Man is betrayed into the hands of sinners. Rise, let us be going; see, my betrayer is at hand."* (Mt 26:45-46) ... **Hail Mary...**
Glory Be... Fatima Prayer

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Scourging at the Pillar

The Second Sorrowful Mystery

"For as by one man's disobedience many were made sinners, so by one man's obedience many will be made righteous" (Rom 5:19). By his obedience unto death, Jesus accomplished the substitution of the suffering Servant, who "makes himself an offering for sin", when "he bore the sin of many", and who "shall make many to be accounted righteous", for "he shall bear their iniquities" (Isaiah 53:10-12). Jesus atoned for our faults and made satisfaction for our sins to the Father. (CCC: 615)

Fruit of the Mystery: Purity ... [Our Father](#)

1. And they bound Jesus and led him away and delivered him to Pilate. And Pilate asked him, *"Are you the king of the Jews?"* (Mk 15:1-2) ... **[Hail Mary](#)**
2. Jesus answered, *"My kingship is not of this world; if my kingship were of this world, my servants would fight, that I might not be handed over to the Jews; but my kingship is not from the world."* (Jn 18:36) ... **[Hail Mary](#)**
3. Pilate said to him, *"So you are a king?"* Jesus answered, *"You say that I am a king. For this I was born, and for this I have come into the world, to bear witness to the truth. Every one who is of the truth hears my voice."* (Jn 18:37) ... **[Hail Mary](#)**
4. Pilate said to him, *"What is truth?"* After he had said this, he went out to the Jews again, and told them, *"I find no crime in him."* (Jn 18:38) ... **[Hail Mary](#)**

5. So when Pilate saw that he was gaining nothing, but rather that a riot was beginning, he took water and washed his hands before the crowd, saying, *“I am innocent of this righteous man’s blood; see to it yourselves.”* (Mt 27:24) ... **Hail Mary**
6. *“Behold, nothing deserving death has been done to him; I will therefore chastise him and release him”* (Lk 23:15-16) ... **Hail Mary**
7. Then Pilate took Jesus and scourged him. (Jn 19:1) ... **Hail Mary**
8. He was despised and rejected by men; a man of sorrows, and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not. (Isaiah 53:3) ... **Hail Mary**
9. But he was wounded for our transgressions, he was bruised for our iniquities; upon him was the chastisement that made us whole, and with his stripes we are healed. (Isaiah 53:5) ... **Hail Mary**
10. He was oppressed, and he was afflicted, yet he opened not his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he opened not his mouth. (Isaiah 53:7) ... **Hail Mary... Glory Be... Fatima Prayer**

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Crowning with Thorns

The Third Sorrowful Mystery

By embracing in his human heart the Father's love for men, Jesus "*loved them to the end*" (Jn 13:1), for "*greater love has no man than this, that a man lay down his life for his friends*" (Jn 15:13). In suffering and death his humanity became the free and perfect instrument of his divine love which desires the salvation of men. Indeed, out of love for his Father and for men, whom the Father wants to save, Jesus freely accepted his Passion and death: "*No one takes [my life] from me, but I lay it down of my own accord.*" (Jn 10:18). Hence the sovereign freedom of God's Son as he went out to his death. (CCC: 609)

Fruit of the Mystery: **Reign of Christ in Our Hearts** [Our Father](#)

1. Then the soldiers of the governor took Jesus into the praetorium, and they gathered the whole battalion before him. (Mt 27:27) ...
[Hail Mary](#)
2. And they stripped him and put a scarlet robe upon him, and plaiting a crown of thorns they put it on his head, and put a reed in his right hand. (Mt 27:28-29) ... [Hail Mary](#)
3. And kneeling before him they mocked him, saying, "*Hail, King of the Jews!*" (Mt 27:29) ... [Hail Mary](#)
4. And they spat upon him, and took the reed and struck him on the head. (Mt 27:30) ... [Hail Mary](#)
5. Pilate went out again, and said to them, "*Behold, I am bringing him out to you, that you may know that I find no crime in him.*" (Jn 19:4)
... [Hail Mary](#)

6. So Jesus came out, wearing the crown of thorns and the purple robe. (Jn 19:5) ... *Hail Mary*
7. Now it was the day of Preparation of the Passover; it was about the sixth hour. He said to the Jews, *"Here is your King!"* (Jn 19:14) ... *Hail Mary*
8. They cried out, *"Away with him, away with him, crucify him!"* (Jn 19:15) ... *Hail Mary*
9. Pilate said to them, *"Shall I crucify your King?"* The chief priests answered, *"We have no king but Caesar."* (Jn 19:15) ... *Hail Mary*
10. And when they had mocked him, they stripped him of the purple cloak, and put his own clothes on him. And they led him out to crucify him. (Mk 15:20) ... *Hail Mary... Glory Be... Fatima Prayer*

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Carrying of the Cross

The Fourth Sorrowful Mystery

The cross is the unique sacrifice of Christ, the "*one mediator between God and men*" (1 Tim 2:5). But because in his incarnate divine person he has in some way united himself to every man, "*the possibility of being made partners, in a way known to God, in the paschal mystery*" is offered to all men. He calls his disciples to "*take up [their] cross and follow [him]*" (Mt 16:24), for "*Christ also suffered for [us], leaving [us] an example so that [we] should follow in his steps*" (1 Peter 2:21). In fact, Jesus desires to associate with his redeeming sacrifice those who were to be its first beneficiaries. This is achieved supremely in the case of his mother, who was associated more intimately than any other person in the mystery of his redemptive suffering (Lk 2:35). (CCC: 618)

Fruit of the Mystery: **Patient Bearing of Trials ... [Our Father](#)**

1. "*If any man would come after me, let him deny himself and take up his cross daily and follow me.*" (Lk 9:23) ... **[Hail Mary](#)**
2. So, they took Jesus, and he went out, bearing his own cross. (Jn 19:17) ... **[Hail Mary](#)**
3. And as they led him away, they seized one Simon of Cyre'ne, who was coming in from the country, and laid on him the cross, to carry it behind Jesus. (Lk 23:26) ... **[Hail Mary](#)**
4. And there followed him a great multitude of the people, and of women who bewailed and lamented him. (Lk 23:27) ... **[Hail Mary](#)**

5. But Jesus turning to them said, *“Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children.”* (Lk 23:28) ... *Hail Mary*
6. *“For behold, the days are coming when they will say, ‘Blessed are the barren, and the wombs that never bore, and the breasts that never nursed!’”* (Lk 23:29) ... *Hail Mary*
7. *“Then they will begin to say to the mountains, ‘Fall on us’; and to the hills, ‘Cover us.’”* (Lk 23:30) ... *Hail Mary*
8. *“For if they do this when the wood is green, what will happen when it is dry?”* (Lk 23:31) ... *Hail Mary*
9. Two others also, who were criminals, were led away to be put to death with him. (Lk 23:32) ... *Hail Mary*
10. For to this you have been called, because Christ also suffered for you, leaving you an example, that you should follow in his steps. (1 Peter 2:21) ... *Hail Mary... Glory Be... Fatima Prayer*

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Crucifixion of Our Lord

The Fifth Sorrowful Mystery (*All Kneel*)

It is love *"to the end"* (Jn 13:1) that confers on Christ's sacrifice its value as redemption and reparation, as atonement and satisfaction. He knew and loved us all when he offered his life. Now *"the love of Christ controls us, because we are convinced that one has died for all; therefore all have died"* (2 Cor 5:14). No man, not even the holiest, was ever able to take on himself the sins of all men and offer himself as a sacrifice for all. The existence in Christ of the divine person of the Son, who at once surpasses and embraces all human persons, and constitutes himself as the Head of all mankind, makes possible his redemptive sacrifice for all. (CCC: 616)

Fruit of the Mystery: **Pardoning of Injuries** [Our Father](#)

1. And when they came to the place which is called The Skull, there they crucified him, and the criminals, one on the right and one on the left. (Lk 23:33) ... [Hail Mary](#)
2. And Jesus said, *"Father, forgive them; for they know not what they do."* And they cast lots to divide his garments. (Lk 23:34) ... [Hail Mary](#)
3. One of the criminals who were hanged railed at him, saying, *"Are you not the Christ? Save yourself and us!"* (Lk 23:39) ... [Hail Mary](#)
4. But the other rebuked him, saying, *"Do you not fear God, since you are under the same sentence of condemnation? And we indeed justly; for we are receiving the due reward of our deeds; but this man has done nothing wrong."* (Lk 23:40-41) ... [Hail Mary](#)

5. And he said to him, *“Jesus, remember me when you come into your kingdom.”* And he said to him, *“Truly, I say to you, today you will be with me in Paradise.”* (Lk 23:42-43) ... *Hail Mary*
6. And about the ninth hour Jesus cried with a loud voice, ... *“My God, my God, why have you forsaken me?”* (Mt 27:46) ... *Hail Mary*
7. When Jesus saw his mother, and the disciple whom he loved standing near, he said to his mother, *“Woman, behold, your son!”* Then he said to the disciple, *“Behold, your mother!”* And from that hour the disciple took her to his own home. (Jn 19:26-27) ... *Hail Mary*
8. And the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, *“Father, into your hands I commit my spirit!”* (Lk 23:45-46) ... *Hail Mary*
9. After this Jesus, knowing that all was now finished, said (to fulfil the Scripture), *“I thirst.”* A bowl full of vinegar stood there; so they put a sponge full of the vinegar on hyssop and held it to his mouth. (Jn 19:28) ... *Hail Mary*
10. When Jesus had received the vinegar, he said, *“It is finished”*; and he bowed his head and gave up his spirit. (Jn 19:30) ... *Hail Mary... Glory Be... Fatima Prayer* (*Turn to page 52 for closing prayers*)

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Glorious Mysteries

Reflections on the Glorious Mysteries by St. John Paul II

“The contemplation of Christ’s face cannot stop at the image of the Crucified One. He is the Risen One!” The Rosary has always expressed this knowledge born of faith and invited the believer to pass beyond the darkness of the Passion in order to gaze upon Christ’s glory in the Resurrection and Ascension. Contemplating the Risen One, Christians rediscover the reasons for their own faith (cf. 1 Cor 15:14) and relive the joy not only of those to whom Christ appeared—the Apostles, Mary Magdalene, and the disciples on the road to Emmaus—but also the joy of Mary, who must have had an equally intense experience of the new life of her glorified Son. In the Ascension, Christ was raised to glory to the right hand of the Father, while Mary herself would be raised to that same glory in the Assumption, enjoying beforehand, by a unique privilege, the destiny reserved for all the just at the resurrection of the dead. Crowned in glory—as she appears in the last glorious mystery—Mary shines forth as Queen of the Angels and Saints, the anticipation and the supreme realization of the eschatological state of the Church.

Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Our Father

V: Our Father, who art in heaven; hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

R: Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation; but deliver us from evil. Amen.

Say three "Hail Mary's" for an increase in Faith, Hope and Charity:

Hail Mary

V: Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

R: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen

Glory Be

V: Glory be to the Father, and to the Son, and to the Holy Spirit.

R: As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Resurrection

The First Glorious Mystery

The truth of Jesus' divinity is confirmed by his Resurrection. He had said: *"When you have lifted up the Son of man, then you will know that I am he"* (Jn 8:28). The Resurrection of the crucified one shows that he was truly *"I AM"*, the Son of God and God himself. So St. Paul could declare to the Jews: *"What God promised to the fathers, this he has fulfilled to us their children by raising Jesus; as also it is written in the second psalm, 'You are my Son, today I have begotten you'"* (Acts 13:32-33). Christ's Resurrection is closely linked to the Incarnation of God's Son, and is its fulfillment in accordance with God's eternal plan. (CCC: 653)

Fruit of the Mystery: **Faith** [*Our Father*](#)

1. But on the first day of the week, at early dawn, they went to the tomb, taking the spices which they had prepared (Lk 24:1) ... [*Hail Mary*](#)
2. And behold, there was a great earthquake; for an angel of the Lord descended from heaven and came and rolled back the stone, and sat upon it. (Mt 28:2) ... [*Hail Mary*](#)
3. But the angel said to the women, *"Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for he has risen, as he said."* (Mt 28:5-6) ... [*Hail Mary*](#)
4. *"But go, tell his disciples and Peter that he is going before you to Galilee; there you will see him, as he told you."* (Mk 16:7) ... [*Hail Mary*](#)

5. And behold, Jesus met them and said, *"Hail!"* And they came up and took hold of his feet and worshipped him. (Mt 28:9) ... *Hail Mary*
6. Now Thomas, one of the twelve, called the Twin, was not with them when Jesus came. So the other disciples told him, *"We have seen the Lord."* (Jn 20:24-25) ... *Hail Mary*
7. But he said to them, *"Unless I see in his hands the print of the nails, and place my finger in the mark of the nails, and place my hand in his side, I will not believe."* (Jn 20:25) ... *Hail Mary*
8. Eight days later, his disciples were again in the house, and Thomas was with them. The doors were shut, but Jesus came and stood among them, and said, *"Peace be with you."* (Jn 20:26) ... *Hail Mary*
9. Then he said to Thomas, *"Put your finger here, and see my hands; and put out your hand, and place it in my side; do not be faithless, but believing."* (Jn 20:27) ... *Hail Mary*
10. Thomas answered him, *"My Lord and my God!"* Jesus said to him, *"You have believed because you have seen me. Blessed are those who have not seen and yet believe."* (Jn 20:28-29) ... *Hail Mary*... *Glory Be*... *Fatima Prayer*

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Ascension

The Second Glorious Mystery

This final stage stays closely linked to the first, that is, to his descent from heaven in the Incarnation. Only the one who *"came from the Father"* can return to the Father: Christ Jesus (Jn 16:28). *"No one has ascended into heaven but he who descended from heaven, the Son of man"* (Jn 3:13). Left to its own natural power's humanity does not have access to the *"Father's house"*, to God's life and happiness (Jn 14:2). Only Christ can open to man such access that we, his members, might have confidence that we too shall go where he, our Head and our Source, has preceded us. (CCC: 661)

Fruit of the Mystery: **Christian Hope** ... [Our Father](#)

1. To them he presented himself alive after his passion by many proofs, appearing to them during forty days, and speaking of the kingdom of God. (Acts 1:3) ... [Hail Mary](#)
2. Then he led them out as far as Bethany, and lifting up his hands he blessed them. (Lk 24:50) ... [Hail Mary](#)
3. And Jesus came and said to them, *"All authority in heaven and on earth has been given to me."* (Mt 28:18) ... [Hail Mary](#)
4. *"Go therefore and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit."* (Mt 28:19) ... [Hail Mary](#)
5. *"Teaching them to observe all that I have commanded you; and behold, I am with you always, to the close of the age."* (Mt 28:20) ... [Hail Mary](#)

6. *“He who believes and is baptized will be saved; but he who does not believe will be condemned.”* (Mk 16:16) ... *Hail Mary*
7. And when he had said this, as they were looking on, he was lifted up, and a cloud took him out of their sight. (Acts 1:9) ... *Hail Mary*
8. And while they were gazing into heaven as he went, behold, two men stood by them in white robes, and said, *“Men of Galilee, why do you stand looking into heaven?”* (Acts 1:10-11) ... *Hail Mary*
9. *“This Jesus, who was taken from you into heaven, will come in the same way as you saw him go into heaven.”* (Acts 1:11) ... *Hail Mary*
10. For Christ has entered, not into a sanctuary made with hands, a copy of the true one, but into heaven itself, now to appear in the presence of God on our behalf. (Heb 9:24) ... *Hail Mary*... *Glory Be*... *Fatima Prayer*

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Descent of the Holy Spirit

The Third Glorious Mystery

On the day of Pentecost when the seven weeks of Easter had come to an end, Christ's Passover is fulfilled in the outpouring of the Holy Spirit, manifested, given, and communicated as a divine person: of his fullness, Christ, the Lord, pours out the Spirit in abundance (Acts 2:33-36). (CCC: 731)

Fruit of the Mystery: **Gifts of the Holy Spirit** [Our Father](#)

1. When the day of Pentecost day had come, they were all together in one place. (Acts 2:1) ... [Hail Mary](#)
2. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. (Acts 2:2) ... [Hail Mary](#)
3. And there appeared to them tongues as of fire, distributed and resting on each one of them. (Acts 2:3) ... [Hail Mary](#)
4. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance. (Acts 2:4) ... [Hail Mary](#)
5. Now there were dwelling in Jerusalem Jews, devout men from every nation under heaven. (Acts 2:5) ... [Hail Mary](#)
6. And they were amazed and wondered, saying, "Are not all these who are speaking Galileans? And how is it that we hear, each of us in his own native language?" (Acts 2:7-8) ... [Hail Mary](#)
7. But Peter, standing with the Eleven, lifted up his voice and addressed them. "Men of Judea and all who dwell in Jerusalem, let

this be known to you, and give ear to my words.” (Acts 2:14) ... Hail Mary

8. And Peter said to them, *“Repent, and be baptized every one of you in the name of Jesus Christ for the forgiveness of your sins; and you shall receive the gift of the Holy Spirit.” (Acts 2:38) ... Hail Mary*
9. So those who received his word were baptized, and there were added that day about three thousand souls. (Acts 2:41) ... Hail Mary
10. And hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit who has been given to us. (Rom 5:5) ... Hail Mary... Glory Be... Fatima Prayer

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Assumption

The Fourth Glorious Mystery

"Finally the Immaculate Virgin, preserved free from all stain of original sin, when the course of her earthly life was finished, was taken up body and soul into heavenly glory, and exalted by the Lord as Queen over all things, so that she might be the more fully conformed to her Son, the Lord of lords and conqueror of sin and death." The Assumption of the Blessed Virgin is a singular participation in her Son's Resurrection and an anticipation of the resurrection of other Christians: (CCC: 966)

Fruit of the Mystery: Desire for Heaven [Our Father](#)

1. For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the first-born among many brethren. (Rom 8:29) ... [Hail Mary](#)
2. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified. (Rom 8:30) ... [Hail Mary](#)
3. Arise, O Lord, and go to thy resting place, thou and the ark of thy might. (Psalm 132:8) ... [Hail Mary](#)
4. Then God's temple in heaven was opened, and the ark of his covenant was seen within his temple (Rev 11:19) ... [Hail Mary](#)
5. And there were flashes of lightning, loud noises, peals of thunder, an earthquake, and heavy hail. (Rev 11:19) ... [Hail Mary](#)
6. The daughter of the king is decked in her chamber with gold-woven robes; in many coloured robes she is led to the king. (Psalm 45:13-14) ... [Hail Mary](#)

7. My beloved speaks and says to me: *“Arise, my love, my dove, my fair one, and come away. (Songs 2:10) ... [Hail Mary](#)*
8. *“O daughter, you are blessed by the Most High God above all women on earth.” (Judith 13:18) ... [Hail Mary](#)*
9. And Mary said, *“My soul magnifies the Lord, and my spirit rejoices in God my Saviour.” (Lk 1:46-47) ... [Hail Mary](#)*
10. *“For behold, henceforth all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name.” (Lk 1:48-49) ... [Hail Mary](#)... [Glory Be](#)... [Fatima Prayer](#)*

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

The Coronation

The Fifth Glorious Mystery

"This motherhood of Mary in the order of grace continues uninterruptedly from the consent which she loyally gave at the Annunciation and which she sustained without wavering beneath the cross, until the eternal fulfillment of all the elect. Taken up to heaven she did not lay aside this saving office but by her manifold intercession continues to bring us the gifts of eternal salvation... Therefore the Blessed Virgin is invoked in the Church under the titles of Advocate, Helper, Benefactress, and Mediatrix. (CCC: 969)

Fruit of the Mystery: **Grace of Final Perseverance** [Our Father](#)

1. "I will put enmity between you and the woman, and between your seed and her seed; he shall bruise your head, and you shall bruise his heel." (Genesis 3:15) ... [Hail Mary](#)
2. And a great sign appeared in heaven, a woman clothed with the sun. (Rev 12:1) ... [Hail Mary](#)
3. With the moon under her feet, and on her head a crown of twelve stars. (Rev 12:1) ... [Hail Mary](#)
4. She brought forth a male child, one who is to rule all the nations with a rod of iron, but her child was caught up to God and to his throne. (Rev 12:5) ... [Hail Mary](#)
5. Then the dragon was angry with the woman, and went off to make war on the rest of her offspring, on those who keep the commandments of God and bear testimony to Jesus. (Rev 12:17) ... [Hail Mary](#)

6. And the king rose to meet her, and bowed down to her; then he sat on his throne, and had a seat brought for the king's mother; and she sat on his right. (1 Kings 2:19) ... Hail Mary
7. Then she said, *"I have one small request to make of you; do not refuse me."* (1 Kings 2:20) ... Hail Mary
8. And the king said to her, *"Make your request, my mother; for I will not refuse you."* (1 Kings 2:20) ... Hail Mary
9. I will cause your name to be celebrated in all generations; therefore the peoples will praise you for ever and ever. (Psalm 45:17) ... Hail Mary
10. Hail, Queen of mercy, protect us from the enemy, and receive us at the hour of death. (Queenship of the B.V.M., Gradual) ... Hail Mary... Glory Be... Fatima Prayer (*Turn to page 52 for closing prayers*)

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those in most need of Thy mercy. Amen

Closing Prayers

Hail Holy Queen

Hail Holy Queen, Mother of Mercy, hail our life, our sweetness, and our hope; to thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears; turn, then, most gracious advocate, thine eyes of mercy towards us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

V: Pray for us O Holy Mother of God.

R: That we may be made worthy of the promises of Christ. Amen.

Let us pray,

O God, whose only begotten Son, by His life, death, and resurrection, has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

V. May the divine assistance remain always with us.

R. And may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Prayer to St. Michael the Archangel

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do Thou, O Prince of the Heavenly Host, by the Divine Power of God, cast into hell Satan and all the evil spirits who roam throughout the world seeking the ruin of souls. Amen.

Prayers for the Intentions of the Holy Father

- V.** Let us pray for our Pontiff, Pope Francis.
- R.** The Lord preserve him, and give him life, and make him to be blessed upon the earth, and deliver him not up to the will of his enemies. ... *Our Father* ... *Hail Mary*... *Glory Be*

Litany of the Blessed Virgin Mary

Lord, have mercy on us. *Christ, have mercy on us.*

Lord, have mercy on us. *Christ hear us.*

Christ, graciously hear us.

God the Father of heaven, *Have mercy on us.*

God the Son, Redeemer of the world, *Have mercy on us.*

God the Holy Spirit, *Have mercy on us.*

Holy Trinity, one God, *Have mercy on us.*

Holy Mary, *Pray for us.*

Holy Mother of God, *Pray for us.*

Holy Virgin of virgins, *Pray for us.*

Mother of Christ, *Pray for us.*

Mother of divine grace, *Pray for us.*

Mother most pure, *Pray for us.*

Mother most chaste, *Pray for us.*

Mother inviolate, *Pray for us.*

Mother undefiled, *Pray for us.*

Mother most amiable, *Pray for us.*

Mother most admirable, *Pray for us.*

Mother of good counsel, *Pray for us.*

Mother of our Creator, *Pray for us.*

Mother of our Saviour, *Pray for us.*

Virgin most prudent, *Pray for us.*

Virgin most venerable, *Pray for us.*

Virgin most renowned, *Pray for us.*

Virgin most powerful, *Pray for us.*

Virgin most merciful, *Pray for us.*

Virgin most faithful, *Pray for us.*

Mirror of justice, *Pray for us.*

Seat of wisdom, *Pray for us.*
Cause of our joy, *Pray for us.*
Spiritual vessel, *Pray for us.*
Vessel of honour, *Pray for us.*
Singular vessel of devotion, *Pray for us.*
Mystical rose, *Pray for us.*
Tower of David, *Pray for us.*
Tower of ivory, *Pray for us.*

House of gold, *Pray for us.*
Ark of the covenant, *Pray for us.*
Gate of heaven, *Pray for us.*
Morning star, *Pray for us.*
Health of the sick, *Pray for us.*
Refuge of sinners, *Pray for us.*
Comforter of the afflicted, *Pray for us.*
Help of Christians, *Pray for us.*
Queen of Angels, *Pray for us.*
Queen of Patriarchs, *Pray for us.*
Queen of Prophets, *Pray for us.*
Queen of Apostles, *Pray for us.*
Queen of Martyrs, *Pray for us.*
Queen of Confessors, *Pray for us.*
Queen of Virgins, *Pray for us.*
Queen of all Saints, *Pray for us.*
Queen conceived without original sin, *Pray for us.*
Queen assumed into heaven, *Pray for us.*
Queen of the most holy Rosary, *Pray for us.*
Queen of Families, *Pray for us.*
Queen of Peace, *Pray for us.*

Lamb of God, you take away the sins of the world, *Spare us, O Lord.*
Lamb of God, you take away the sins of the world, *Graciously hear us, O Lord.*

Lamb of God, you take away the sins of the world, *Have mercy on us.*

Pray for us, O holy Mother of God, *That we may be made worthy of the promises of Christ.*

Let us pray,

Grant, we beseech you, Lord God, that we your servants may rejoice in continual health of mind and body and, by the glorious intercession of Blessed Mary, ever Virgin, may we be delivered from present sorrow to delight in joy eternal. Through Christ our Lord. Amen.

اللَّهُ أُمَّ يَا (O Mother of God)

*Ya Oom Allah ya Hanoona ya Kan-zal raHma walma'oona,
an-tee maljana wa aa-lay-kee rajana,
ta-shaffaaee feena ya Aadra
wa taHannanee aala mowtana.*

Wa in kana jismookee baaedan menna,
ayyatooha albatool oommoona,
salawatookee heeya tas-Haboona
wa takoonoo maana wa taHfaZoona.

Bee jahi man sharrafakee aala laalameen,
Heen Zahara menkee Zoohooran moobeen,
ootloobee menhoo lil kha'tee'in
al maraHem lidahri ddaheereen.

Antee oommoona wa rajana,
Antee fakhroona wamaljana,
inda bneekkee shfaaee feena
liyaghfor bee ra'fatih khatayana

La toohmilina ya Hanoona
ya mamloo'at koolla nehma.
Bal khallisi aabidakee ajmaaen
li nashkoorakee lidahri ddaheereen.

Our Lady's Promises

A Message from Our Lady to Blessed Alan de La Roche:

"I want you to know that, although there are numerous indulgences already attached to the recitation of my Rosary, I shall add many more to every fifty Hail Mary's for those who say them devoutly, on their knees - being, of course, free from mortal sin. And whosoever shall persevere in the devotion of the Holy Rosary, saying these prayers and meditations, shall be rewarded for it; I shall obtain for him full remission of the penalty and of the guilt of all his sins at the end of his life. Do not be unbelieving, as though this is impossible. It is easy for me to do because I am the Mother of the King of Heaven, and He calls me full of grace. And, being full of grace, I am able to dispense grace freely to my dear children."

The 15 Promises of Our Lady to Those Who Pray the Rosary

1. Whoever shall faithfully serve me by the recitation of the rosary, shall receive signal graces.
2. I promise my special protection and the greatest graces to all those who shall recite the rosary.
3. The rosary shall be a powerful armour against hell, it will destroy vice, decrease sin, and defeat heresies.
4. It will cause virtue and good works to flourish; it will obtain for souls the abundant mercy of God; it will withdraw the heart of men from the love of the world and its vanities, and will lift them to the desire of eternal things. Oh, that souls would sanctify themselves by this means.

5. The soul which recommends itself to me by the recitation of the rosary shall not perish.
6. Whoever shall recite the rosary devoutly, applying himself to the consideration of its sacred mysteries, shall never be conquered by misfortune. God will not chastise him in His justice, he shall not perish by an unprovided death; if he be just he shall remain in the grace of God, and become worthy of eternal life.
7. Whoever shall have a true devotion for the rosary shall not die without the sacraments of the Church.
8. Those who are faithful to recite the rosary shall have, during their life and at their death, the light of God and the plenitude of His graces; at the moment of death they shall participate in the merits of the saints in paradise.
9. I shall deliver from purgatory those who have been devoted to the rosary.
10. The faithful children of the rosary shall merit a high degree of glory in heaven.
11. You shall obtain all you ask of me by the recitation of the rosary.
12. All those who propagate the holy rosary shall be aided by me in their necessities.
13. I have obtained from my Divine Son that all the advocates of the rosary shall have for intercessors the entire celestial court during their life and at the hour of death.
14. All who recite the rosary are my sons, and brothers of my only son Jesus Christ.
15. Devotion of my rosary is a great sign of predestination.

